

Important Information from Infection Prevention & Control and Environmental Services

While you are here, you should expect:



- ✓ Surfaces to be wiped daily: this helps reduce germs
- ✓ Bathroom facilities to be cleaned daily
- ✓ Spills and messes to be cleaned up promptly
- ✓ All caregivers should clean their hands before they touch you. If they forget, it's okay to remind them.

We want your room to *look* clean, but our first priority is to clean all areas that pose a risk in the transfer of germs.

Please feel free to contact your care provider or Switchboard if you need extra cleaning due to a spill or mess.

Help us make the hospital “greener” during your stay by using the recycling containers on your unit.

While you are here, you can help keep yourself safe from germs by:

- ✓ Washing your hands frequently with soap and water or by using the alcohol hand cleaner (foam)
- ✓ Always wash hands:
 - After using the toilet
 - Before and after eating
 - Before leaving your room
 - When returning to your unit

If you clean your hands often, you lower the number of germs around you.

Even when you go for tests or procedures, clean your hands.

If you cannot clean your hands yourself, ask for help.

